

## **My Dad's Story**

**By Joan**

August 6, 2008

My father suffered migraines after coming home from the war, 1945. He was treated with Valium for many years. That was before they realized it was very addictive. He entered the VA Hospital in Los Angeles in the early 60's, or late 50's. to get off Valium. I was just a young girl at that time. I do remember my Mom telling me that they didn't have a drug ward in the hospital and they combined that with the psychiatric ward. It was standard procedure to give electric shock treatment. My father had shock treatment and after that was never the same.

I have attempted to contact the Army and get his medical records, (he is now dead). They told me a fire destroyed all his records and I cannot learn anymore about what they did to him.

Thank you for letting people know about the harm of Shock treatment.