

Welcome World, Inc., P.O. Box 116, Ignacio CO 81137
A 12 Step Humans Anonymous Psychological Educational Cure of Mental Illness
Phone (970) 563-4433; www.welcomeworld.org, www.escapefrompsychiatry.org

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Mary Ann Dale
c/o Seton Shoal Creek Hospital
3501 Mills Avenue
Austin, TX 78731

Dear Ms. Dale:

I am a member of CAEST, a survivor of electric shock and psychiatry. On a TV clip, you said that you had been very depressed, that shock helped you and that it did not effect your memory. So you, also, were labeled mentally ill and subjected to electric shock as the course of treatment. But doesn't that make anything you say now to be dismissed? "She has a mental illness history, so anything she says is without value." Just as I and other electric shock and psychiatric survivors are dismissed? And actually it is those who have had the experience that are the ones with knowledge to speak. But few people who have survived electric shock agree with you — other than those who are being paid as you are.

Consider this. How old were you when you were labeled mentally ill and subjected to electric shock? How many did you receive? Even if it wasn't noticeably brain damaging for you, even tiny injuries and massive surge in blood pressure causes minute hemorrhages, and of course not so minute in some cases, is conditional on age, health of tissue, and number of times sustained. Can you see that lonely old ladies, so often the victims, may be getting electric shock brain damage blamed on Alzheimers?

Are you aware of how electric shock "works?" When any human senses physical endangerment, anxiety arises. And anxiety is, of course, the opposite of depression. . . Since it does not take a brain scientist to know that being subjected to electric shock is physical endangerment: anesthesia, shock, convulsions, coma, and possible death, and not just inflicted once but over and over . . . anxiety overwhelms. . . .

I came to, increasingly confused, wobbly and terrified after each succeeding hit with electricity. Just as after any overwhelming anxiety, after any horror too horrible to face, I had hysterical amnesia. I only dimly remembered I had been locked up by psychiatry but none of the details. Terror undulated underneath my hysterical laughter. Nine years later the flashbacks started. Thirteen years later, I was engulfed in the memory and exploded into suicidal and homicidal terror.

Anxiety, hysteria, and hysterical laughter is touted by psychiatry as relieved depression and/or mental illness. Is controlling with the horror of hysterical laughter real medicine or a throwback to the dark ages?

I pray you do not suffer from flashbacks as badly as I did, but I also know that real recovery means facing the truth. My own purpose is to facilitate genuine recovery with psychological development from the child's quick-fix physical ways that never stay fixed to the adult's spiritual unity, truth and love way and to protect people from the unnecessary damage caused by electroshock.

Sincerely,

Clover Greene, Spiritual Science Practitioner,
Founder and Director, Welcome World, Inc.
Author, [Escape from Psychiatry](#)

c.c. Sister Helen Brewer; Dr. John Breeding