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*Our mission inspires us to care for  
and improve the health of those we  
serve with a special concern for the  
sick and the poor.*

*We are called to Service of the Poor,  
Reverence, Integrity, Wisdom, Cre-  
ativity, and Dedication.*

July 3, 2006

**John Breeding, Ph.D.**  
**Coalition for the Abolition of**  
**Electroshock in Texas**  
**5306 Fort Clark Drive**  
**Austin, Texas 78745**

**Dear Dr. Breeding:**

As you may recall from our last correspondence, I had asked the Medical Executive Committee (the "MEC") at Seton Shoal Creek Hospital (the "Hospital") to meet and discuss the concerns that you and your colleagues have raised about the continued availability of electroconvulsive therapy ("ECT") at the Hospital.

The MEC has reviewed and discussed the current literature about the use and effects of ECT (including literature that you and your colleagues provided to Dr. Paul Whitelock, the Hospital's Medical Director). The MEC has concluded that ECT is an evidence-based treatment for certain severe psychiatric disorders and is an essential option that should continue to be made available for selected patients, as ordered by their treating physicians.

As a result, the MEC has expressed its full support of retaining ECT as a treatment modality to be provided at the Hospital as an option for patients and their families and physicians. This position is certainly in line with what many other institutions across the country do as well, and has been reported to and accepted by Seton's Board of Trustees.

**Best regards.**

**Sincerely yours,**

**Sr. Helen Brewer, D.C.**  
**Chair, Board of Trustees**  
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